

# 12-Week Ultimate Study Plan

**12 Weeks is an ideal amount of time to prepare for the SAT.**  
**This is one of the PrepPros recommended study plans.**

## Overview:

This 12-week study plan is one of the study plans that we most strongly recommend to students. 12 weeks is an ideal lead up to your first SAT and keeps SAT Prep manageable. This study plan helps avoid burn out and gives you the ideal amount of time to maximize your SAT score. If you have 12 weeks (or more) before your next SAT, we absolutely recommend using this study plan.

If you can dedicate 1-hour a day to your SAT Prep, you will see significant improvements in your scores. Over the next 3 months, you will learn everything tested on the SAT and will be prepared to achieve your dream score on test day.

## Study Time:

You should dedicate 8-12 hours per week to SAT Prep. We would recommend trying to try to dedicate at least 1-hour each day to SAT Prep. On some weekends, you will complete a full practice SAT, which will take 2 hours and 24 minutes (normal time) or 3 hours and 36 minutes (extended time).

## Order The PrepPros Complete Guide to Digital SAT Math:

For the SAT Math Course, you need to purchase a copy of the PrepPros Complete Guide to Digital SAT Math, which you can purchase on Amazon or you can get a PDF copy from our website. If you have not already ordered a copy, you can go purchase the book at the link below. All other SAT Prep materials are provided in the courses.

[PDF Copy](#)

[Amazon](#)

## Instructions:

### For Reading and Writing Courses:

As you complete the chapters in Reading and Writing courses, complete the practice questions as you see them. **Do not skip over practice questions in the chapters!** After each section with practice questions, check your answers using the answer key in the back of the book/binder pages and watch the videos explaining each question before moving to the next chapter.

In The Reading Course, the practice questions will escalate in difficulty from easy to hard.

### For Math Course:

For the assigned chapters in this study guide, watch the videos in the SAT Math Course that teach the lessons and then work on the math questions in each chapter. The practice questions all have numbers that indicate their difficulty.

Topics in math book are split into 4 levels for different levels of math students. The level system is discussed in detail at the front of the Math course and the Math book.

All the practice questions have video explanations in the SAT Math Course. **For any questions that you answer incorrectly or struggle on, watch the video explanation and take notes. We also recommend that you keep a list of any questions you answer incorrectly and review these questions every 1-2 weeks and in the review week before your official SAT test date.**

Do not get discouraged if you get stumped by any math questions (especially the level 4 questions). The questions in the math book go from easy to hard in each chapter. If you get stumped by a question, use the video explanations, and take notes as you watch.

### **Diagnostic Sheets:**

**Use the diagnostic sheets anytime you review your practice SATs.** The diagnostic sheets will tell you what topic(s) you are missing questions on and if there are any chapter(s) you need to review. In addition, the diagnostic sheets will help you learn to better spot the patterns of the SAT.

**As you review your practice SATs, if you see Math chapters where you are missing a lot of questions that are not assigned or are not assigned until a later week, you can switch the chapters.** Use your best judgment.

**Diagnostic sheets can be found in the “Welcome To The SAT Course – Get Started” Course.**

## Practice SATs:

Practice SATs are taken on a computer and take 2 hours and 24 minutes. Make sure that you take your practice SATs in 1 sitting and in a quiet, focused environment.

The Ultimate SAT Course includes 7 practice SATs. 4 of the practice SAT are official College Board practice SAT, and 3 of the practice SATs are PrepPros Practice SATs that we have written to look and feel just like the real SAT. **The study guide will indicate which test to use for your practice SAT tests.**

The practice SATs are listed below. The test number corresponds with the full question-by-question explanations in the Online Courses. When completing these tests, watch the video explanations to learn from your mistakes when there are videos. are welcome to reach out to Matt if you have any questions.

1. **College Board Practice SAT #1 – Taken on the BlueBook App**
2. **College Board Practice SAT #2 – Taken on the BlueBook App**
3. **College Board Practice SAT #3 – Taken on the BlueBook App**
4. **College Board Practice SAT #4 – Available on the BlueBook App**
5. **College Board Practice SAT #5 - Available on the BlueBook App**
6. **College Board Practice SAT #6 - Available on the BlueBook App**
7. **PrepPros Practice SAT #1 - Available in the Ultimate SAT Course (Coming soon)**

**For the College Board Practice SATs, you will need to download the BlueBook App here:**

<https://bluebook.collegeboard.org/students>. You will then complete the practice SATs on your computer using the app.

**For the PrepPros Practice SATs, you can access the test at the start of the corresponding course in the Ultimate SAT Course.** For example, for PrepPros Practice SAT #1, go to the “Preppros Practice SAT #1 Course” and follow the directions for how to complete the practice tests. The PrepPros Practice SATs are not available right now, but they will be available by the time you get to them in this study guide.

The following tips will make your practice SATs as effective as possible:

1. **Review before taking your practice SATs.** Review the chapters you have completed in the courses before taking any practice test.
2. **Follow the timing strictly.** Do not pause the test to take a break or give yourself an extra few minutes to finish a question you are stuck on. Follow the proper break times as well.
3. **Keep track of questions you guessed or did not feel confident on.** Marking the questions will help you know which questions you need to watch the video explanations for.
4. **Review your test quickly and use the video explanations.** We recommend reviewing your practice SAT the same day that you took the test or the next day. This will help you best learn from your mistakes. If you review the test the same day, give yourself a break of an hour or more before reviewing the test.



## Schedule & Study Plan

Week 1		
	Chapter(s) To Complete	Practice SATs
Reading	Introduction, 1, 2 (start memorizing vocabulary words – aim to learn 50 new words this week)	
Writing	1	
Math	Introduction, 1-4 <b>Mistake Log: Start keeping a mistake log that lists each question you answered incorrectly, why you answered it incorrectly, and any notes on what you should learn from this question.</b>	

Week 2		
	Chapter(s) To Complete	Practice SATs
Reading	3, 4, 5 (memorize 50 more vocab words)	
Writing	2	
Math	5, 6, 7	

Week 3		
	Chapter(s) To Complete	Practice SATs
Reading	6, 7, 2 (memorize 50 more vocab words, review all vocab words you have memorize so far)	
Writing	3	
Math	8, 9, 10	

Week 4		
	Chapter(s) To Complete	Practice SATs
Reading	8, 9	<b>Full Timed Practice SAT (College Board SAT #1)</b>  Use Practice SAT #1 Full Test Explanation to review Practice SAT.  Review mistakes for any questions that you missed or did not feel confident on. Use the diagnostic sheet to help
Writing	4, 12, 13	
Math	11, 12	

**\*Complete Practice SAT in 1-sitting after completing the assigned chapters. Time each section strictly and follow the timing for breaks. Before taking the practice test, spend time reviewing all of the concepts that we have covered so far. Pay very close attention in reviewing the questions that you missed and concepts that felt more difficult.** If you are unable to complete your practice tests in 1-sitting, you can break the test up over multiple days. If you split up the test, still be sure to complete each section in 1-sitting. If you are unable to complete a practice SAT this weekend, complete the practice test during the next week.

Week 5		
	Chapter(s) To Complete	Practice SATs
Reading	10, 11, 2 (memorize 50 more vocab words)	None
Writing	6, 7	
Math	13, 14, 15, 16	

Week 6		
	Chapter(s) To Complete	Practice SATs
Reading	2 (memorize 50 more vocab words)	Review Practice SATs from previous weeks.
Writing	5 (questions 1-24), 8	<b>Full Timed Practice SAT (College Board SAT #2)</b>  Use Practice SAT #2 Full Test Explanation to review Practice SAT.  Review mistakes for any questions that you missed or did not feel confident on. Use the diagnostic sheet to help you understand what types of questions you are answering incorrectly.
	17, 18, 19, review mistake log.	
Math		

**\*Complete Practice SAT in 1-sitting after completing the assigned chapters. Time each section strictly and follow the timing for breaks. Before taking the practice test, spend time reviewing all of the concepts that we have covered so far. Pay very close attention in reviewing the questions that you missed and concepts that felt more difficult.** If you are unable to complete your practice tests in 1-sitting, you can break the test up over multiple days. If you split up the test, still be sure to complete each section in 1-sitting. If you are unable to complete a practice SAT this weekend, complete the practice test during the next week.

Week 7		
	Chapter(s) To Complete	Practice SATs
Reading	12, 13, 2 (memorize 50 more vocab words), review approaches and tips in chapters 7-11.	None
Writing	9, review grammar rules in chapters 1-4.	
Math	20, 21, 22,	

Week 8		
	Chapter(s) To Complete	Practice SATs
Reading	14, 16, 2(memorize 50 more vocab words)	Review Practice SATs from previous weeks.
Writing	10, 5 (questions 25-48)	<b>Full Timed Practice SAT (College Board SAT #3)</b>  Use Practice SAT #3 Full Test Explanation to review Practice SAT.  Review mistakes for any questions that you missed or did not feel confident on. Use the diagnostic sheet to help you understand what types of questions you are answering incorrectly.
Math	23, 24, 25, review mistake log.	

**\*Complete Practice SAT in 1-sitting after completing the assigned chapters. Time each section strictly and follow the timing for breaks. Before taking the practice test, spend time reviewing all of the concepts that we have covered so far. Pay very close attention in reviewing the questions that you missed and concepts that felt more difficult.** If you are unable to complete your practice tests in 1-sitting, you can break the test up over multiple days. If you split up the test, still be sure to complete each section in 1-sitting. If you are unable to complete a practice SAT this weekend, complete the practice test during the next week.

Week 9		
	Chapter(s) To Complete	Practice SATs
Reading	15, 17 (memorize 50 more vocab words)	Review Practice SATs from previous weeks.
Writing	None	<b>Full Timed Practice SAT (College Board SAT #4)</b>  Use Practice SAT # 4 Full Test Explanation to review Practice SAT.  Review mistakes for any questions that you missed or did not feel confident on. Use the diagnostic sheet to help you understand what types of questions you are answering incorrectly.
Math	26, 27, 28	

**\*Complete Practice SAT in 1-sitting after completing the assigned chapters. Time each section strictly and follow the timing for breaks. Before taking the practice test, spend time reviewing all of the concepts that we have covered so far. Pay very close attention in reviewing the questions that you missed and concepts that felt more difficult.** If you are unable to complete your practice tests in 1-sitting, you can break the test up over multiple days. If you split up the test, still be sure to complete each section in 1-sitting. If you are unable to complete a practice SAT this weekend, complete the practice test during the next week.

Week 10		
	Chapter(s) To Complete	Practice SATs
Reading	Review the approaches from each of the sections and review your mistakes across the Reading book and practice tests identifying the types of mistakes you make on each question types, 2 (memorize 50 more vocab words, review previous words to make sure you still remember them)	Review Practice SATs from previous weeks.  <b>Full Timed Practice SAT (College Board SAT #5)</b>  Use Practice SAT #5 Full Test Explanation to review Practice SAT.  Review mistakes for any questions that you missed or did not feel confident on. Use the diagnostic sheet to help you understand what types of questions you are answering incorrectly.
Writing	Review grammar rules in chapters 1-4. Review mistakes from prior practice tests.	
Math	29, 30, 31, 32 Review mistake log. Advanced Math Course (1-33)	

**\*Complete Practice SAT in 1-sitting after completing the assigned chapters. Time each section strictly and follow the timing for breaks. Before taking the practice test, spend time reviewing all of the concepts that we have covered so far. Pay very close attention in reviewing the questions that you missed and concepts that felt more difficult.** If you are unable to complete your practice tests in 1-sitting, you can break the test up over multiple days. If you split up the test, still be sure to complete each section in 1-sitting. If you are unable to complete a practice SAT this weekend, complete the practice test during the next week.

### Notes About The Final 2 Weeks

**You are getting close to test day! Now it is crunch time. In the final 2 weeks, you will have more time to do some review of work that we covered earlier in your study plan and to catch-up on any assignments you have not been able to complete already.**

After you complete the assigned work, use any extra time to:

- 1. Review your previously completed practice SATs.**
- 2. Review and re-do any questions you have answered incorrectly on practice test, on homework assignment, and in the math book.**
- 3. Make sure you have all the grammar rules, math formulas, and strategies memorized.** Review the teaching pages from the Math Book and Writing Book. Review all the vocabulary words you have memorize (and continue memorizing more). Make sure you know how to spot the different types of Reading questions. Revisit any topics that you struggle on.



Week 11		
	Chapter(s) To Complete	Practice SATs
Reading	2 (memorize 50 more vocab words, review previous words to make sure you still remember them). Review your mistake from prior practice tests.	Review Practice SATs from previous weeks.  <b>Full Timed Practice SAT (College Board SAT #6)</b>  Use Practice SAT #6 Full Test Explanation to review Practice SAT.
Writing	Review grammar rules in chapters 1-4. Review mistakes from prior practice tests.	Review mistakes for any questions that you missed or did not feel confident on. Use the diagnostic sheet to help you understand what types of questions you are answering incorrectly.
Math	33, 34, 35, 36 Review mistake log. Advanced Math Course (34-67)	

**\*Complete Practice SAT in 1-sitting after completing the assigned chapters. Time each section strictly and follow the timing for breaks.** If you are unable to complete your practice tests in 1-sitting, you can break the test up over multiple days. If you split up the test, still be sure to complete each section in 1-sitting.

Week 12 – Review Week		
	Chapter(s) To Complete	Practice SATs
Reading	Review the tips and mistake to avoid in chapters 7-15. Review vocabulary words.	Spend the week reviewing and preparing for test day. Review mistakes from all the Practice SATs you have completed.
Writing	Review grammar rules in chapters 1-10	
Math	<b>Mistake Log: Review your mistake log every day.</b> Revisit any chapters/topics that you are not as strong in. Advanced Math Course (68-100)	

