



# 16-Week Ultimate Study Plan

**Taking the ACT in 4 months and want to learn everything tested on the ACT?  
This is the study plan for you!**

## Overview:

This 16-week study plan is going to put you to work, but it will be much more manageable than any of our shorter study plans. Over the next 4 months, you will learn everything tested on the ACT, so you should still expect this study plan to be pretty intense. **You should plan to dedicate 6-9 hours a week to ACT Prep.**

**For most students, 4 months of prep is a great lead up to your first ACT**, so this is one of our favorite plans for students to follow. If you have more than 4 months to prepare for your upcoming ACT, we would recommend our 20-week or 6-month Ultimate Study Plans. The longer study plans are generally more manageable to complete the assigned work each week and can make ACT Prep a less stressful part of your schedule.

## Study Time:

You should dedicate 6-9 hours per week to ACT Prep. We would recommend trying to try to dedicate at least 15-30 minutes each day to ACT Prep. On some weekends, you will complete a full practice ACT, which will take 3 hours (normal time) or 4.5 hours (extended time).

## Order The PrepPros Complete Guide to ACT Math:

For the ACT Math Course, you need to purchase a copy of the PrepPros Complete Guide to ACT Math, which you can [purchase on Amazon](#) (printed copy) or on our website (PDF copy). The links for both options are below.

- Printed Copy (Amazon): <https://www.amazon.com/PrepPros-Complete-Guide-Resource-Master/dp/1737183811>
- PDF Copy (PrepPros Website): <https://preppros.teachable.com/admin-app/digital-products/80683/pages>

**The first 6 chapters of the book are included as a PDF download at the start of the course**, so you can start working on math right away until your book shows up in the mail. All other ACT Prep materials are provided as PDF downloads in the courses and in the “Welcome to The Ultimate ACT Course – Get Started” course.

## Instructions:

### For English and Reading Courses:

As you complete the chapters in the English and Reading courses, complete the practice questions as you see them. **Do not skip over practice questions in the chapters!** After each section with practice questions, check your answers using the answer key in the back of the book/binder pages and watch the videos explaining each question before moving to the next chapter.



### **For Math Course:**

Topics in math book are split into 4 levels for different levels of math students. **Before starting assigned math chapters, watch the Introduction videos in the course to learn how to best use the math course and book and to find your level.**

For the assigned chapters in this study guide, watch the videos in the Online Course that teach the lessons and then work on the math questions in each chapter. The practice questions all have numbers that indicate their difficulty. **Complete the practice questions based on your level as indicated under “How To Best Use the 4-Level System” on p. iv of the book.**

All the practice questions have video explanations in the Math Course. **For any questions that you answer incorrectly or struggle on, watch the video explanation and take notes. We also recommend that you keep a list of any questions you answer incorrect and review these questions every 1-2 weeks and in the review week before your official ACT test date.**

### **Diagnostic Sheets:**

**Use the diagnostic sheets anytime you review your practice ACTs.** The diagnostic sheets tell you what topic(s) you are missing questions on and if there are any chapter(s) you need to review. In addition, the diagnostic sheets will help you learn to better spot the patterns of the ACT.

**As you review your practice ACTs, if you see Math chapters where you are missing a lot of questions that are not assigned, you can switch the chapters.** Use your best judgment.

**The math chapters in your study guide are chosen since they are most heavily tested.** That being said, you are always welcome to do additional math chapters at any point! The more math chapters you complete, the better prepared you will be for test day.

**Diagnostic sheets can be found in the “Welcome To The ACT Course – Get Started” Course.**



## Practice ACTs:

The Ultimate ACT Course includes 7 practice ACTs. The answers are in the back of each test. All the tests are real, previously administered ACTs. **The study guide will indicate which test to use for your practice ACT sections or full tests.**

The practice ACTs are listed below. The test number corresponds with the full question-by-question explanation title in the Online Courses. When completing these tests, watch the video explanations to learn from your mistakes when there are videos. When there are not videos, use the answer key to review your mistakes. You are welcome to reach out to Matt if you have any questions.

1. **Practice ACT #1**
2. **Practice ACT #2**
3. **Practice ACT #3**
4. **Practice ACT #4 – Explanations for English and Math** (more coming soon)
5. **Practice ACT #5**
6. **Practice ACT #6 – Explanation for English** (more coming soon)
7. **Practice ACT #7 – Explanation for Math** (more coming soon)

**If you ever need more practice ACTs for additional practice, email Matt.** We have additional practice ACTs, so you are always welcome to do more than you are assigned for extra practice. Just be sure to always review your practice tests!

The following tips will make your practice ACTs as effective as possible:

1. **Print out all practice ACTs.** If you cannot print off the test, you can complete the test from your computer or a tablet.
2. **Use a scantron.** Do not just circle the correct answers as you go. Print off a scantron sheet and bubble in your answers just like you would on test day.
3. **Time yourself strictly.** Follow the self-timing guidelines strictly and take the proper break time as well. Do not give yourself an extra few minutes to complete a section.
4. **Mark questions you guessed or did not feel confident on.** Marking the questions will help you know which questions you need to watch the video explanations for.
5. **Review your test and use the video explanations.** We recommend reviewing your practice ACT the same day that you took the test or the next day. This will help you best learn from your mistakes. If you review the test the same day, give yourself a break of an hour or more before reviewing the test.
6. **Keep a mistake log.** For each question you answer incorrectly, write down the question number, your answer, the correct answer, why you answered the questions incorrectly, and what you need to learn from this question to make sure you do not get a similar question wrong in the future. This mistake log will be a valuable resource for you to use as you review your old practice ACTs and get ready for test day.



## Schedule & Study Plan

Week 1		
	Chapter(s) To Complete	Practice ACTs
English	Read Introduction, 1, 2, 3	None
Math	Read Introduction, 1, 2, 3  <b>Mistake Log: Start keeping a mistake log that lists each question you answered incorrectly, why you answered it incorrectly, and any notes on what you should learn from this question. Add to this mistake log each week.</b>	
Reading	None	
Science	None	

Week 2		
	Chapter(s) To Complete	Practice ACTs
English	1-3 Problem Set, 4	1 Timed English Test (Practice ACT #1)  Use Practice ACT #1 Full Test Explanation to review.
Math	4, 5	None
Reading	None	None
Science	None	None

\*Note: When you are assigned sections from a practice ACT, you can complete the sections in one big sitting or do each section on its own. Both are fine. **Be sure to time each section strictly.** Do not give yourself extra time to finish up the section! If you do not finish, mark where you stopped, see what your score would have been, and complete the rest of the questions after for practice.

Week 3		
	Chapter(s) To Complete	Practice ACTs
English	5, 6	Review practice ACT English Test from week 2.
Math	6, 7, 8	None
Reading	None	None
Science	Introduction, 1-5	None



Week 4		
	Chapter(s) To Complete	Practice ACTs
English	Review grammar rules in chapters 1-3	1 Timed English Test (Practice ACT #6) Use Practice ACT #6 Full Test Explanation to review.
Math	9, 10, 11	None
Reading	None	None
Science	6-8, 12 (practice passages 1-2)	None

Week 5		
	Chapter(s) To Complete	Practice ACTs
English	7, 8	None
Math	12, 13, 14	1 Timed Math Test (Practice ACT #1) Use Practice ACT #1 Full Test Explanation to review.
Reading	None	None
Science	9, 10, 11, 12 (practice passages 3-5), 13	1 Timed Science Test (Practice ACT #1) Use Practice ACT #1 Full Test Explanation to review.

Week 6		
	Chapter(s) To Complete	Practice ACTs
English	10, 11, 12, 13	Review previous ACT English Tests.
Math	15, 16, review chapters 3-9	Review previous ACT Math Test.
Reading	Introduction, 1, 2, 3	1 Timed Reading Test (Practice ACT #1) Use Practice ACT #1 Full Test Explanation to review.
Science	None	None



Week 7		
	Chapter(s) To Complete	Practice ACTs
English	Review grammar rules in chapters 1-5.	Review Practice ACTs from previous weeks.
Math	19, review chapters 10-16	<b>Full Timed Practice ACT (ACT #5)</b>  Use Practice ACT #5 Full Test Explanation to review Practice ACT #5.  Review mistakes for any questions that you missed or did not feel confident on. Use the diagnostic sheet to help you understand what types of questions you are answering incorrectly.
Reading	4, 5, 6	
Science	None	

**\*Complete Practice ACT in 1-sitting after completing the assigned chapters. Time each section strictly and follow the timing for breaks.** If you are unable to complete your practice tests in 1-sitting, you can break the test up over multiple days. If you split up the test, still be sure to complete each section in 1-sitting.

Week 8		
	Chapter(s) To Complete	Practice ACTs
English	None	None
Math	17, 18	1 Timed Math Test (Practice ACT #6)  Use Practice ACT #6 Full Test Explanation to review.
Reading	7, 8, 13 (practice passages 1-3)	None
Science	None	None

\*This is a light week on purpose. Use this week to catch up on any previous assignments that you have not been able to complete. If you are on pace, use this week to do comprehensive review. If you are ready to cover more new content, you can start on the assignments for week 9.

Week 9		
	Chapter(s) To Complete	Practice ACTs
English	14, 15	Review previous English tests.
Math	20, 21, 22, Review math chapters you have completed. Review your mistake log. Memorize equations, rules, and formulas.	Review previous Math tests.
Reading	9, 10, 13 (practice passages 4-5)	1 Timed Reading Test (Practice ACT #6) Use Practice ACT #6 Full Test Explanation to review.
Science	Review chapters 1-3.	1 Timed Science Test (Practice ACT #6) Use Practice ACT #6 Full Test Explanation to review.

Week 10		
	Chapter(s) To Complete	Practice ACTs
English	Review grammar rules in chapters 1-8.	Review Practice ACTs from previous weeks.
Math	23, 24, 25	<b>Full Timed Practice ACT (ACT #4)</b>  Use Practice ACT #4 Full Test Explanation to review Practice ACT #4.  Review mistakes for any questions that you missed or did not feel confident on. Use the diagnostic sheet to help you understand what types of questions you are answering incorrectly.
Reading	None	
Science	None	

**\*Complete Practice ACT in 1-sitting after completing the assigned chapters. Time each section strictly and follow the timing for breaks.** If you are unable to complete your practice tests in 1-sitting, you can break the test up over multiple days. If you split up the test, still be sure to complete each section in 1-sitting.



Week 11		
	Chapter(s) To Complete	Practice ACTs
English	None	None
Math	26, 27, 28	Review previous math tests.
Reading	11, 12, 13 (practice passages 6-8)	None
Science	Review chapters 1-3.	1 Timed English Test (Practice ACT #7)  Use Practice ACT #7 Full Test Explanation to review.

\*This is a light week on purpose. Use this week to catch up on any previous assignments that you have not been able to complete. If you are on pace, use this week to do comprehensive review. If you are ready to cover more new content, you can start on the assignments for week 12.

Week 12		
	Chapter(s) To Complete	Practice ACTs
English	Review grammar rules, then complete chapter 9	1 Timed English Test (Practice ACT #7)  Use Practice ACT #7 Full Test Explanation to review.
Math	29, 30, Review math chapters 1-16, Review your mistake log for chapters 1-16.	None
Reading	Review chapters 4-6, 12	1 Timed Reading Test (Practice ACT #7)  Use Practice ACT #7 Full Test Explanation to review.
Science	None	Review previous Science tests.





Week 13		
	Chapter(s) To Complete	Practice ACTs
English	Review grammar rules.	Review Practice ACTs from previous weeks.  <b>Full Timed Practice ACT (Practice ACT #2)</b>  Use Practice ACT #2 Full Test Explanation to review Practice ACT #2.  Review mistakes for any questions that you missed or did not feel confident on. Use the diagnostic sheet to help you understand what types of questions you are answering incorrectly.
Math	31, 32, review chapters 17-30. Review your mistake log for chapters 17-30	
Reading	Review chapters 2, 4, 5 (make sure you have words memorize), 7, and 12 before taking practice ACT.	
Science	None	

**\*Complete Practice ACT in 1-sitting after completing the assigned chapters. Time each section strictly and follow the timing for breaks.** If you are unable to complete your practice tests in 1-sitting, you can break the test up over multiple days. If you split up the test, still be sure to complete each section in 1-sitting.

Week 14		
	Chapter(s) To Complete	Practice ACTs
English	None	1 Timed ACT Math Test (Practice ACT #7 – F07)  Use Practice ACT #7 Full Test Explanation to review Practice ACT #7.  Review Practice ACTs from previous weeks. Redo any questions that answered incorrectly on old practice ACTs. Take notes on why you made the mistake and what you need to know to make sure you do not make a similar mistake on the real ACT.
Math	33, 34, 35	
Reading	None	
Science	None	



## Notes About The Final 2 Weeks

You are getting close to test day! Now it is crunch time. In the final 2 weeks, you will have more time to do some review of work that we covered earlier in your study plan and to catch-up on any assignments you have not been able to complete already.

After you complete the assigned work, use any extra time to:

1. **Review your previously completed practice ACTs.**
2. **Review and re-do any questions you have answered incorrectly on practice test, on homework assignment, and in the math book.**
3. **Make sure you have all the grammar rules, math formulas, and strategies memorized.** For math, review the teaching pages from the Math Book chapter you have completed so far, review your math mistake log, and redo any questions you answered incorrect in the math chapters. For English, review the grammar rules in chapter 1-8. Memorize the special words we learned in Chapter 5 of Reading and the advanced tips in Chapter 12. Revisit any topics that you struggle on.

Week 15		
	Chapter(s) To Complete	Practice ACTs
English	Review grammar rules before taking practice ACT.	Review Practice ACTs from previous weeks. <b>Full Timed Practice ACT (Practice ACT #3)</b>
Math	Review math chapters you have completed. Review your mistake log. Memorize equations, rules, and formulas.	Use Practice ACT #3 Full Test Explanation to review Practice ACT #3.  Review mistakes for any questions that you missed or did not feel confident on. Use the diagnostic sheet to help you understand what types of questions you are answering incorrectly.
Reading	None	
Science	None	

**\*Complete Practice ACT in 1-sitting after completing the assigned chapters. Time each section strictly and follow the timing for breaks.** If you are unable to complete your practice tests in 1-sitting, you can break the test up over multiple days. If you split up the test, still be sure to complete each section in 1-sitting.



Week 16 – Review Week		
	Chapter(s) To Complete	Practice ACTs
English	Review grammar rules.	Spend the week reviewing and preparing for test day.
Math	<b>Mistake Log: Review your mistake log every day.</b> Revisit any chapters/topics that you are not as strong in.	Review mistakes from all the Practice ACTs you have completed.  Review the Chapters in the Math Book and English Book. Make sure you have all the rules and formulas memorized.
Reading	None	
Science	None	